

FIXED DEPARTURES

JUNE 29 & AUG 29

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DELHI TO DELHI

KAILASH MANSAROVAR YATRA 2026

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Itinerary



Day 1 - Arrive at Delhi hotel for teaming up and briefing. Overnight stay in a hotel.

- ▲ Reach Delhi, and gather at the specified hotel. This day is crucial as your gears and physical condition will be evaluated here and in case of any shortfall counter measures will be taken. There will be a detailed briefing and yatra items distribution also. The whole yatra guideline and conduct code will be instructed here. You will spend the night at the hotel. **Dinner included.**

Day 2 - Arrive in Kathmandu (1,350 M). Get transferred to the hotel. Overnight stay in a hotel.

- ▲ After a puja for the fulfillment of the journey, leave from Delhi hotel to Delhi airport for our flight to Kathmandu. From today onwards Theerth Yatra Team leaders will be taking over the yatra procedures. At Tribhuvan International Airport we will be officially welcomed and transferred to the hotel in Kathmandu. Another briefing on the Kailash trek will be conducted here by Nepal tour guides. Your jacket and bags will be distributed today. You will spend the night at the hotel. **Breakfast, Lunch & Dinner (B.L.D) are included.**

Day 3 - Visit Kathmandu Valley and Visa collection day. Overnight at a Kathmandu hotel.

- ▲ Begin the day with a visit to significant temples in Kathmandu, including Pashupatinath Temple, Gujeshwori Devi, and Sleeping Vishnu Temple. After the tour, return to the hotel. We will collect the visa and start to prepare for your upcoming Kailash tour. This day you will prepare your luggage in newly given bags and store your existing bags in the hotel. Spend the night at a hotel in Kathmandu. **B.L.D included.**

Day 4 - Drive from Kathmandu to the Border of Timmure (3,560 M) 135 KM, 6 to 7 hours' drive. Overnight at a hotel.

- ▲ Start the day early by driving to the China Border Timmure, and travel by a reserved tourist bus. Lunch will be provided en route. After a long but scenic journey, you'll arrive at Timmure. You will stay in a comfortable hotel. **Accommodation: Guesthouse, B.L.D included.**

Day 5 - Timmure to Kyirong and acclimatization day at Kyirong

- ▲ You will have breakfast early in the morning, and proceed to the immigration checkpoint, where your Chinese visas will be checked. After that, you will drive for one hour and reach Kyirong. This day is set aside for acclimatization to the higher altitude, and you'll spend the whole day in Kyirong. We can go out to explore one of the oldest monasteries of Pakpa (7th century AD) situated in the heart of Kyirong.

The monastery is built in the magnificent Nepali-style pagoda temple that boasts the rich history of Nepal and Tibet. According to the legend, Songtsen Gampo himself built this monastery, and there is a remarkable replica of Bhrikuti, the daughter of Nepal.

We will then explore Kyirong town and its bustling market and get acquainted with the way of life of the residents.

There are also dozens of restaurants that serve Nepalese, Tibetan, Muslim, and other ethnic cuisines. The night in the hotel in Kyirong.

Accommodation: Guesthouse, B.L.D included.

Day 6 - Drive to Saga (230 KM – 6 HOURS) 4,450 M.

- ▲ Depart Kyirong after breakfast and begin the journey to Saga. A packed lunch will be provided on the way. You'll traverse the stunning Lalungla Pass, situated at 16,000 feet, and catch sight of Paigu-tso Lake and the Brahmaputra River. The night will be spent in a comfortable hotel in Saga.

Accommodation: Guesthouse, B.L.D included. (One more day at Saga for Acclimatization may get included)

Day 7 - Drive from Saga to Manasarovar (4,560 M), 6 to 7 hours' drive.

- ▲ Following breakfast, the drive will take you to the majestic Manasarovar Lake. This day is extraordinary as you'll have the chance to witness the holy Mt. Kailash and the breathtaking Manasarovar Lake.

The journey will pass through the Mayumula Pass at an elevation of 17,000 feet. Lunch will be provided en route. Enjoy a bus ride along the Lake's coastline for a Parikrama (circumambulation) experience. The night will be spent in a guest house by the lake.

Accommodation: Guesthouse, B.L.D included.

Day 8 - Drive to Darchen (4,550 M, 40 KM, 1 hour drive)

- ▲ Waking up early in the calm and revered atmosphere of Lake Manasarovar cannot be expressed in words. The name of the Lake is mentioned in the epic Hindu scripture Ramayana. In Hindu belief, this Lake was created by God Brahma (creator of the Universe).

It is also believed that Lord Shiva and Parvati purified themselves in its sacred water. Buddhists, on the other hand, believe it is the Lake where the Gods transported Buddha after his birth to cleanse him.

The Lake is positioned at the foot of Mount Kailash, surrounded by the Swastika Mountain (Gurla Mandhata) and the revered Chiu Monastery of Guru Rimpoche (Padmasambhava). It is delicately separated from the saltwater lake of Rakshastal (Demon's Lake).

The circumambulation of Mount Kailash is incomplete without the parikrama of Lake Manasarovar. Therefore, we will bathe in the water of the Lake (Direct bathing in the Lake is prohibited). Then, we will perform some Pooja on the shores of the Lake and begin the circumambulation of the Lake, which can be completed within 4 to 5 hours.

If we have energy left, we can go on a delightful exploration of Chiu Gompa, translated as Little Bird. The monastery is said to be a Padmasambhava meditation spot.

After the monastery visit, we will now drive to Darchen, nestled at the majestic foothills of the revered Kailash. Within an hour, we will arrive at Darchen - the starting point of the sacred Kora around Mount Kailash. After dinner, our tour guide will conduct a group briefing before starting Kora.

Accommodation: Guesthouse, B.L.D included.





Day 9 - Trek from Darchen to Dirapuk (4,950 M), 18 KM journey.

- ▲ We will begin our Parikrama/Kora from today. Today, we have to walk for 13 KM and reach the northern face of Kailash by evening. The path lies along the western slope of Kailash. The trail is quite easy, stretching out in a straight line with gentle ups and downs.

After walking for about 5 KM, we will reach Tarboche- the entrance gate to Kailash. The gate is known as Yamadwar by Hindu believers. Tibetan followers hang many Tibetan flags here every year to celebrate Sagadawa (white month).

It is elevated at 15,500 ft above sea level. According to Hindu beliefs, the gate is guarded by the Lord Yama (God of Death), who lets only pure souls pass through this gate. From Tarboche, we now head along the 13 km trail to reach the Dirapuk. The camp provides accommodation in shared lodging. During the busy season, it also provides a camping ground for pilgrims. The Dirapuk monastery gazes directly at the North face of Kailash. Our first day of Kora ends upon reaching Dirapuk, which signifies the birth of a new phase in spiritual existence. According to your health conditions you can have charansparsh yatra to uphill also.

Accommodation: Shared lodging, B.L.D included.

Day 10 - Trek from Dirapuk to Zutulpuk (4,850m), 22km walk.

- ▲ Wake up early, have breakfast, and start the trek, which is considered the most challenging and sacred day of the pilgrimage tour. Cross the Dolma-la pass at an altitude of 5,600 M and worship Gaurikunda (Parvati kunda), leaving behind symbolic offerings. Descend to the banks of the Lham-chu Khir River, following the river until reaching Khando Sangam la. Dinner will be provided at the guest house. Spend the night in Zuthulpuk.

Accommodation: Guesthouse, B.L.D included.

Day 11 - Trek to Chasang and drive to Saga

- ▲ After an early breakfast at the guest house, we started to trek from Zutulpuk to Chasang, which is about a 7 KM walk, and after that, we will drive to Darchen, which is about 5 KM. After reaching Darchen, you will have lunch and start your drive to Saga from Darchen. While driving, you will see beautiful scenic lands.

Accommodation: Guesthouse, B.L.D included.

Day 12 - Drive from Saga to Kyirong (Tibet-Nepal border)

- ▲ After breakfast in Saga, drive back to Kyirong, which will take approximately 3 hours. Dinner will be provided at the hotel. You will spend the night in Kyirong.

Accommodation: Guesthouse, B.L.D included.

Day 13 - Drive from Kyirong to Kathmandu (125 KM, 6-7 hours)

Enjoy breakfast at your hotel in Kyirong before beginning the drive back to Kathmandu, a journey lasting about 7 to 8 hours. Lunch will be served in Trishuli, and you'll spend the night at a hotel in Kathmandu.

Accommodation: Guesthouse, B.L.D included.

Day 14 - Back to Delhi and home with the blessings from Bhole's land

▲ Following breakfast at the hotel, check out, we will leave for Tribhuvan International Airport for our flight to Delhi. On arrival at Delhi you can proceed to your further journey home.

Breakfast (B.) is included.

TOUR INCLUDES:

- ▲ Flight tickets for Delhi to Kathmandu and back travel.
- ▲ Tibet Group visa and travel permit fee.
- ▲ Stay in Kathmandu for 3 Nights with Vegetarian meals.
- ▲ Border stay for one Night with Vegetarian Meals.
- ▲ All transportation by bus.
- ▲ 09 Nights' accommodation in Tibet using guest houses and shared lodging.
- ▲ Service of our trekking equipment and Sherpa staff.
- ▲ Kathmandu Temple Tours.
- ▲ Arrival transfer at Kathmandu and departure transfer at Delhi and Kathmandu.
- ▲ A certificate will be provided after the completion of the Kailash tour.
- ▲ First Aid Kit
- ▲ Abroad Travel Insurance

TOUR EXCLUDES:

- ▲ Yak, Porter, and Horse for personal use. (Approx. 4,000 Yuan for Pony+Porter and 1,500 for Porter)
- ▲ Ashtapath Yatra fees (Approx. 5,00 Yuan)
- ▲ Using extra nights at the Hotel except as mentioned on the itinerary.
- ▲ Rescue/ evacuation or all the extra costs because of partition from the main group, or serious health conditions.
- ▲ Any International flight other than mentioned.
- ▲ Extra night's accommodation in Kathmandu.
- ▲ Any extra transportation/Accommodation/visa cancellation charges (separate from the main group, and early return)

To process your Tibet group visa, we need

- ▲ Clear colour scan copies of your passport (valid for 6 months from the travel date).
- ▲ Filled up form in specific format.
- ▲ 25% advance payment for processing the Tibet Group Visa.





▲ **Packing List for Your Kailash Yatra:**

- ▲ Any regular medicines that you take.
- ▲ Enough Clothing for the whole yatra.
- ▲ A small Bag for day use.
- ▲ Toiletries kit like soap, Shampoo, toothbrush, towels, etc.
- ▲ A good water bottle.
- ▲ Sports Shoes (Comfortable ones for walking)
- ▲ Sunglasses.
- ▲ Sun cream.
- ▲ Raincoat or Umbrella.
- ▲ Torch Light.
- ▲ Woolen Socks.
- ▲ Thermal Long underwear (Easy one while walking)
- ▲ 04/05 Passport Size Photograph.
- ▲ **Note: Duffel Bag and Down Jackets will be provided by Theerth Yatra. A detailed guide and assistance for packing will be provided.**

▲ **Do & don't for Kailash Mansarovar Yatra:**

- ▲ Here are some of the travel tips for Kailash Mansarovar Yatra that one must consider before commencing the journey.

▲ **Things One Must Do:**

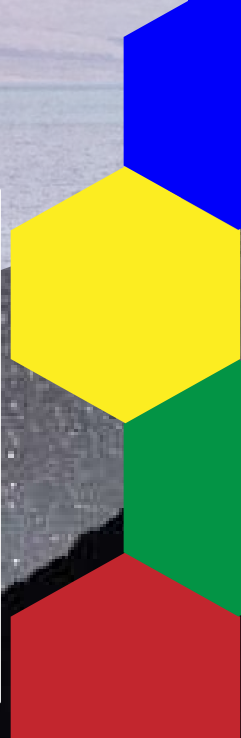
- ▲ Do pack some eatables like mint, chocolates, glucose, etc.
- ▲ Before the yatra, indulge in some physical fitness exercises like aerobics, yoga, etc.
- ▲ Carry warm woolen clothes like caps, warm thermals, jackets, gloves, etc.
- ▲ Do carry good sunglasses and sunblock to avoid sunburn. Check out the weather of Kailash Mansarovar
- ▲ While doing Kailash Parikarma, don't rush and maintain a steady pace when you walk.
- ▲ Take rough & strong bags and only the things that you may require during the trek. Do carry a duffel bag.
- ▲ Make sure to keep the required IDs throughout the tour.
- ▲ Being part of a team, remember to maintain the team spirit and walk in a group. Help your team member in case of an emergency/need.

▲ **Things One Shouldn't Do:**

- ▲ Don't travel if you are suffering from medical ailments like chronic asthma, serious blood pressure issues, breathing problems, etc.
- ▲ Do not sleep with your shoes/boots on.
- ▲ Do not carry luggage or extra clothes with you.
- ▲ Avoid drinking or smoking.
- ▲ Don't neglect food, and drink lots of water
- ▲ Don't carry any books related to the Dalai Lama.

Terms and Conditions

- It is fundamental that you acknowledge this is a Pilgrimage tour. This requires some flexibility. The day-to-day itinerary is taken as a guideline only. We cannot be held responsible for any delays caused by international or domestic flights, strikes, Chinese government regulations, natural weather calamities, etc. In such cases, Theerth Yatra shall try to provide suitable alternatives, which will be decided upon mutual agreement on the spot.
- Your booking will be confirmed by email once we have received the deposit of Rs.10,000 and filling up the Google form for booking. The balance due on the tour cost should be deposited no later than one month before departure. If you book a tour less than 2 months before departure, you must send the full payment within 7 days of our confirmation.
- If you cancel, the following scale of charges will apply: CHARGE INCURRED 10 - 30 Days before departure - Booking advance and Visa cancellation charges. Less than 10 days - 100% of money paid.
- If you do not attend the meeting point specified on the agreed date, we assume you have been delayed and will wait for you to contact us with your new expected arrival date. We believe you have canceled the tour if you do not contact us within 48 hours. There is no refund of any money paid.
- The tour will not be canceled unless we are forced to do so because of unusual or unforeseeable circumstances (force majeure), such as a significant natural disaster, major political unrest, or war. If we cancel the tour, we will promptly refund all payments, including the deposit (less the unrecoverable costs such as air ticket cancellation). We shall not be liable to refund any additional expenses you may have incurred (such as insurance, visas, vaccinations, and other incidental costs).
- If the journey is broken off or an early return is requested upon the client's wish or causes, Theerth Yatra shall not be liable for any refund for the days not utilized. Clients must pay for the hotel or any extra costs incurred after leaving the itinerary.
- Before joining the tour, we provide you a travel insurance. This should include adequate cover for baggage, medical expenses, cancellation, helicopter evacuation, and emergency repatriation. You must supply documentary proof of it if you do not have travel insurance.
- The trek information sheets and the dossier give information and conditions relating to the tour and are deemed part of the contract, so you should be fully aware of their contents. However, the itinerary indicates what the group should accomplish, but it is not a contractual obligation. Changes may be made because of exceptional weather, flight cancellations, sickness, or other unforeseeable circumstances. No refunds are given for unused services or unrealized dreams. We do give sympathy, though.
- All information and advice provided (vaccinations, climate, trekking equipment, visas, etc.) is given in good faith but without responsibility by us.
- You agree to abide by the authority of the leader. Signing the booking form implies your acceptance of the tour decisions, which could affect the group or individuals. Upon arrival, the tour leader will give you a complete briefing about your journey with Theerth Yatra..
- If you have a complaint that cannot be dealt with immediately with the tour leader or are not satisfied with the response, please notify us in writing within 10 days of the tour completion. We shall try to agree on a settlement; the laws of Nepal shall govern this process.
- When booking, it is implied and accepted that you have read and understood all these booking conditions and agree to abide by them.



For more details and booking:
Theerth Yatra, Mumbai, India.
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**Yatra Booking
Advance 10,000/-**

**FIXED DEPARTURE
29 JUN & 29 AUG**

**Package Cost:
₹2,78,680/person
14 N/15D, All Meals***

*All Vegetarian Meals,
Morning & Evening Teas/Snacks
at specific locations only

Package Includes, Chinese fees \$1720, Visa & Permit, Travel Insurance, Delhi - Kathmandu -Delhi Flight tickets, Down Jacket, Travel bags and other complimentary items. Delhi stay and Dinner also included in this.

Cancellation Policy:

Within 60 of Arrival Date/ No Show: No Refund.

60 Days to 90 Days prior to Arrival: 100% of the advance paid. (taxes are not refunded in any case).

Note: No refunds in case of Road Blocks, Accidents, Govt. look-down, curfew, Yatra cancellation etc.

Transportation conditions: Delhi hotel to airport in Tempo Traveller. Kathmandu sightseeing, Kathmandu to Tiber and Tibet trips in Buses and similar comfortable vehicles according to the number of passengers. Evacuation, Ashtapath Darshan Vehicles are subject to local availability. In any case AC will work according to the road conditions, at hill stations and steep climbs AC will not work.



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